

# Make a Difference

How can you help penguins, marine life, and oceans through your daily actions?  
Some of the ways that each of us can make a difference are:

- **Calculate and reduce** your ecological foot print at [FootprintCalculator.org](http://FootprintCalculator.org).
- **Cut down your use of plastic.** Use paper or metal straws, and glass or metal containers for food storage.
- **Eat less or no meat.** Eat low on the food chain.
- **Vote** for politicians who support the science of climate change and take actions to address it now.
- **Eliminate or reduce** the use of pesticides and fertilizers in your yard. Buy organic.
- **Advocate** for creating and expanding marine reserves.
- **Get rid of trash properly.** Volunteer for a beach cleanup.
- **Be curious.** Continue to learn more about the natural world and how we can care for wild animals and the planet.
- **Shop smart.** Be conscious about the efficient use of all resources: reduce, reuse, recycle.
- **Reduce fossil fuel use.** Walk, bicycle, carpool, and use public transportation.
- **Use your voice.** Speak up on behalf of the planet and its inhabitants – including wild creatures.
- **Conserve water.** Let your lawn go brown in the summer. Plant water-efficient gardens.

- From *Every Penguin in the World*



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